



Lizzi LARBALESTIER

Presenting at

NLP INTERNATIONAL CONFERENCE

28 – 30 APRIL 2017

About Lizzi

Lizzi is a highly experienced and “a-typical” executive coach. PCC credentialed through ICF she has an MA in Coaching, her thesis: “Leveraging Ambiguity for Productive Outcomes.” She is also an ANLP accredited NLP Trainer and Regional Ambassador, an mBraining Master Coach and Blue Mind advocate. She works within coastal locations with SMEs to facilitate, Systems Ecology, Meaningful Interactions for Purposeful Action promoting Leadership Coherence.

Presentation Title: Beach Wisdom—NLP in the Littoral Zone

This session will explore how our environment intersects a range of NLP techniques.

Beach Wisdom - The coast as a metaphor – activity – what can we learn at the midpoint of a continuum... noticing the littoral zone within a number of meta-programmes

Space and state: Location and attention restoration. Location and stress reduction

Breathe Blue - The breath and its role within NLP and mBraining

Come and hear me speak, along with over 50 other amazing speakers sharing their knowledge and wisdom to advance the field of NLP.

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(*Deadline for Super Early Bird rate is 30th November)

